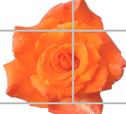




May

"All things seem possible in May."

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|--|
| | |  | | | Go outside with your child and kick a ball back and forth. | Use this calendar to talk about what will happen tomorrow or next week. <i>Go for a bike or scooter ride."</i> |
| Have a family exercise session. Do some jumping jacks, push-ups, sit-ups or go for a jog. | Talk to your child about traveling to a new place. Make a poster of their dream vacation. Go online to find pictures of the place they want to visit. | Pick a letter of the alphabet and have your child find things that begin with that letter <i>Have your child practice jumping rope.</i> | Have your child find things around the house that are square, circular, and rectangular. <i>Create a low balance beam and have your child walk across it.</i> | Read a book with your child and have them read it back to you after you finish. <i>Play hopscotch with your child today.</i> | Clap out the syllables in your child's name and then clap out the syllables in family member's names. <i>Play "Simon Says" with your child.</i> | Take your child outside and play "Simon Says." Focus on exercise activities (hopping, bending over and touching toes). |
| Have your child count the trees in your yard or on your street. <i>Go for a bike or scooter ride."</i> | Go for a walk and count all the houses and buildings on your street. Make a map of your street when you get home. | Using Rainbow Goldfish, help your child create different patterns. <i>Have your child practice jumping rope.</i> | Together look through old magazines and cut out circles, squares and rectangles to make a collage. | Read a book with your child and have them draw a picture of their favorite part of the story afterwards. | Sing a song with your child (BINGO, This Old Man, The Wheels on the Bus). <i>Play hopscotch with your child today.</i> | Have your child use pincher fingers to pick out and count watermelon seeds. |
| Have your child count 1 to 10 or as high as he/she can count. <i>Have your child practice jumping rope.</i> | Give your child a ball and practice directions such as "put the ball under your chin." | Red week, look for things that are red. <i>Have your child practice dribbling a basketball.</i> | Have your child practice writing their name on a sheet of paper. <i>Go for a bike or scooter ride."</i> | Sing a song with your child (BINGO, This Old Man, The Wheels on the Bus). <i>Set up targets and have your child hop from place to place on the floor.</i> | Have your child name words that rhyme with "can." <i>Play "Simon Says" with your child.</i> | Go outside and help your child write his/her name using sidewalk chalk. |
| Go for a family bike ride around the neighborhood. | Say a word to your child and ask him/her to say words that rhyme with it. <i>Set up targets and have your child hop from place to place on the floor.</i> | Green week, look for things that are green. <i>Create a low balance beam and have your child walk across it.</i> | Pick a letter of the alphabet and have your child find things that begin with that letter. | With your child read and act out a story like Five Little Monkeys Jumping on the Bed. | Go outside with your child and kick a ball back and forth. | Play a game together such as "Memory" or "Go Fish." <i>Have your child practice dribbling a basketball.</i> |
| Practice the "ABC" song with your child. | | | | | |  |